Abstract

The present invention relates to a foot-stimulation health-promoting device which can give appropriate stimulation to interdigital areas and to the arch of the foot and which, has a shape-retention property. Wearing is simple. Whether or not the device is the top side or inside out can also easily be determined, and the device can be worn on the foot without need for a fastener.

When worn on the foot, the foot-stimulation health-promoting device provides an enhanced stimulation to interdigital areas. The ring-shaped transverse member 6, which has an expansion and contraction property, and is worn on a portion of the instep of the foot and on the arch of the foot, and a ring-shaped sub-digit engaging member 9 having an expansion and contraction property are mounted on a ring-shaped main body 1 which is equipped with an ankle-engaging portion 2, and a main-digit engaging portion 3 located on at tip, and the side lobe portions 4, 5 for connecting them. The transverse member 6 has been sewn on only one of the side lobe portions 4, and the position can be adjusted in a fore-and-aft direction. Both ends of the substrate portion 10 of the sub-digit engaging member 9 have been sewn on the side lobe portion 5.